IPRO HQIC Antibiotic Stewardship During the COVID Pandemic

November 4, 2021 1:00 – 2:00 PM ET | 2:00 – 3:00 PM CT

Please note - this event is being recorded.



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Welcome and Introduction of Today's Speakers



Arjun Srinivasan, MD CAPT USPHS Associate Director for Healthcare Associated Infection Prevention Programs Division of Healthcare Quality Promotion Centers for Disease Control & Prevention



Valerie Vaughn, MD MSc

Director of Hospital Medicine Research University of Utah Hospitalist Lead Antimicrobial Use Initiative Michigan Hospital Medicine Safety Consortium



Robert Neetz, PharmD BCPS Lead Antimicrobial Stewardship Pharmacist MidMichigan Health



Lynda Martin, MPA BSN RN CPHQ

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Why Focus on Antibiotic Stewardship (AS)

National Priority Aimed at Optimizing Use of Antibiotics to:

- Effectively treat infections
- Prevent patient harm caused by unnecessary antibiotic use
- Combat antibiotic resistance

Impact of COVID Pandemic on AS Programs & Teams

 Added further challenges to manage both viral and bacterial infections in patients with extended lengths of stay





Today's Learning Objectives

- Review current status of AS programs in US hospitals
- Describe national trending data on antibiotic use and antibiotic resistance before and during the COVID pandemic (2019 vs. 2020)
- Assess opportunities to decrease antibiotic use in hospitalized patients with COVID infection
- Identify successful AS therapy targets and associated resource challenges for AS teams during COVID pandemic
- Evaluate laboratory stewardship including use of procalcitonin to guide antibiotic therapy selection/duration during COVID pandemic
- Hear about a hospital's challenges, successes and experience with quickly convening a key stakeholder group to devise, implement and communicate their antibiotic stewardship and treatment of COVID patients strategies



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Setting the Stage – IPRO HQIC Circle of Safety: All-Cause Harm Prevention Model & Resource Tool

Health Equity Collect REaL Data

Stratify quality & safety outcomes data by REaL

Identify disparate gaps in care

Take action to close gaps using targeted solutions



Patient & Family Engagement Planning Checklists Admission

Planning Checklists Discharge

Huddles Shift Change

Accountable PFE leader

Active PFE Committee



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IPRO HQIC Hospital Antibiotic Stewardship Assessment

Completed June 2021 - representing 176 hospitals

- Challenges Identified
 - Including AS in ongoing provider education programs & competencies
 - Established guidelines for automatic changes from IV to oral in identified situations
 - Ensure AS program work with ICU to optimize antibiotic treatment protocols for possible sepsis cases
 - Tracking of diagnosis, drug, dose, duration & de-escalation with antibiotic time out



Antibiotic Resistance (AR), Antibiotic Use (AU), and Stewardship During the COVID-19 Pandemic

Arjun Srinivasan, MD

CAPT, USPHS

Associate Director for Healthcare-Associated Infection (HAI) Prevention Programs

Division of Healthcare Quality Promotion

National Center for Emerging and Zoonotic Infectious Diseases

November 4, 2021



Patient Discharge Data: Flu & COVID-19

	Patients with Influenza-Like Illness (Jan-March 2019)	Patients with COVID-19 (Jan-October 2020)
Median length of stay	5.88 days	8.20 days
Discharges with bacterial/fungal culture	55.8%	56.7%
Discharges with an AR-positive culture with a susceptibility result	12.4%	9.1%

Source: Premier Healthcare Database

Influenza-Like Illness Definition: A hospitalization with a discharge during January 1, 2019-March 30, 2019, and any of the following ICD-10-CM codes: B97.89, H66.9, H66.90, H66.91, H66.92, H66.93, J00, J01.9, J01.90, J06.9, J09.X, J10.X, J11.X, J12.89, J12.9, J18, J18.1, J18.8, J18.9, J20.9, J40, R05, R50.9

COVID-19 Definition: An ICD-10-CM code of U07.1 (confirmed) with a discharge date April-October 2020 or ICD-10-CM code of B97.29 (suspected) with a discharge date March-April 2020, and admission dates February-April 2020

Data collected January 10, 2021

AR Pathogens in Hospitalized Patients: Community-Onset Infections Only

Rate of community-onset resistant organisms per 10,000 discharges

Influenza-Like Illness (2019) COVID-19 (2020)



AR Pathogens in Hospitalized Patients: Hospital-Onset Infections Only

Rate of hospital-onset resistant organisms per 10,000 discharges



Source: Premier Healthcare Database

Aggregate Hospital Antibiotic Use: All Antibiotics



Note: NHSN AU days present denominator counts any portion of a day when a patient was hospitalized and thus is larger than the Premier patient day denominator, which counts 24-hour periods. % indicates percent difference in pooled mean rate by year.

Aggregate Hospital Antibiotic Use: Azithromycin



Note: NHSN AU days present denominator counts any portion of a day when a patient was hospitalized and thus is larger than the Premier patient day denominator, which counts 24-hour periods. % indicates percent difference in pooled mean rate by year.

Aggregate Hospital Antibiotic Use: Ceftriaxone

National Healthcare Safety Network (710 hospitals) Days of Therapy per 1,000 Days Present – Ceftriaxone

Premier Healthcare Database (716 hospitals) Days of Therapy per 1,000 patient days-Ceftriaxone





2019 2020

Note: NHSN AU days present denominator counts any portion of a day when a patient was hospitalized and thus is larger than the Premier patient day denominator, which counts 24-hour periods. % indicates percent difference in pooled mean rate by year.

Aggregate Hospital Antibiotic Use: Piperacillin-Tazobactam



Premier Healthcare Database (716 hospitals) Days of Therapy per 1,000 patient days-Piperacillin-Tazobactam





2019 2020

Note: NHSN AU days present denominator counts any portion of a day when a patient was hospitalized and thus is larger than the Premier patient day denominator, which counts 24-hour periods. % indicates percent difference in pooled mean rate by year.



National Outpatient Antibiotic Prescription Trends

December 2020 32% year-over-year decrease

7% month-over-month increase *(compared with 14% MOM increase in Dec 2019)*



Number of antibiotic prescriptions dispensed from retail pharmacies

Source: IQVIA National Prescription Audit Last update: January 19, 2021

Nursing Home Antibiotic Dispensing Rates

Residents with antibiotic dispensed and total residents serviced, 2019 vs. 2020



Higher Rates of Antibiotics Commonly Used for **Respiratory Infections in Nursing Homes**



Percent change in prescription rate from 2019

NHSN Annual Hospital Surveys 2014-2020: Number and percentage of hospitals meeting all 7 Core Elements



Facility leader(s) accountable for ASP outcomes

Co-led ASPs are becoming more common: 23% in 2015 vs. 63% in 2020









COVID-19, Antibiotic Use, and Community-Onset Bacterial Co-Infections:

Results from the Michigan Hospital Medicine Safety Consortium

Valerie Vaughn, MD MSc

Director of Hospital Medicine Research University of Utah

Hospitalist Lead Antimicrobial Use Initiative Michigan Hospital Medicine Safety Consortium





Disclosures: Speaking Fees from Thermo Fisher Scientific

The views in this presentation reflect my own and do not necessarily reflect the views of any institution, company or regulatory body.

New and evolving research may be discussed if it is pertinent to improving the knowledge base of the hospital-based clinician and in the public domain of scientific evidence.

Views do not necessarily represent those of the University of Utah or the Michigan Hospital Medicine Safety Consortium.



AGENDA

- ASP issues during COVID
- Co-infections
- Burnout
- Visitor Restrictions



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CLINICAL CASE 1

- 72 year old man comes into the hospital with a positive COVID-19 test
 - He has a fever to 39°C
 - heart rate 110
 - respiratory rate 25, and
 - SPO2 is 86% on room air \rightarrow 91% on 2L
- He has 4 days of dyspnea and a dry cough
- He looks unwell
- His Chest X-ray is consistent with multifocal pneumonia



Would You Prescribe Antibiotics?

A. Yes! B. Maybe C. Nope









True CASE

April 1





Hypoxia Diarrhea Fever



C. Difficile – COVID-19 +

- 72 yo M hospitalized with COVID19 and hypoxia
- Other symptoms: delirium, diarrhea
- C. difficile negative
- No COVID-19 treatment (pre steroids as standard of care)
- Kidney failure
- Briefly on vancomycin and zosyn



True CASE

April 7



Feeling better!

Hypotensive Given 6L of IVF Stops urinating Fluid overloaded

April 10

April 11







Impact Of Antibiotic Use

- Adverse events
 - o Up to 27% of inpatients
 - o Including AKI (higher risk when vancomycin and zosyn prescribed together)
- Large driver of *C. difficile* infections
 - o Even short durations can double the risk of CDI
 - o Risk factor for recurrent CDI
 - o Decreases in antibiotics \rightarrow reduced HO-CDI rates
- Associated with antimicrobial resistance
 - o MRSA/VRE, MDR Gram-negative infections
 - Neighborhood antibiotic consumption \rightarrow resistant *E. coli*
- Prescribed to half of hospitalized patients



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Do patients with COVID-19 need empiric antibiotics when they come to the hospital?

- Potentially high risk of bacterial co-infection
- Most fatalities in 1918 influenza pandemic were due to subsequent bacterial infection, particularly Streptococcus pneumoniae
- Up to half who die from COVID-19 have a bacterial coinfection
- Clinically, symptoms of COVID are similar to bacterial pneumonia

[1] Morens DM. I Infect Dis. 2008; [2] MacIntyre CR. BMC Infect Dis. 2018; [3] Zhou F. Lancet. 2020





Michigan Hospital Medicine Safety Consortium

- >50 hospitals
- Quality Improvement
 - Data; sharing best practices
 - Facilitated implementation






HMS Antimicrobial use initiative



- Started in 2015
- Our goal—improve antibiotic use in patients hospitalized with pneumonia or urinary tract infection









COVID-19 PATIENT ADMISSIONS

Currently Admitted Michigan Medicine Patients That Are COVID-19 Positive





Mi-COVID 19

DINT CQI VENTURI

Antimicrobial Use & COVID-19



• Key Questions

- How often are empiric antibiotics prescribed when patients are first hospitalized?
- How common are community-onset and hospital-onset bacterial co-infections?
- What clinical situations warrant empiric antibiotic use in patients with COVID-19?



Clinical Infectious Diseases

Empiric Antibacterial Therapy and Communityonset Bacterial Co-infection in Patients Hospitalized with COVID-19: A Multi-Hospital Cohort Study d

Valerie M Vaughn, MD, MSc 🔯, Tejal Gandhi, MD, Lindsay A Petty, MD, Payal K Patel, MD, MPH, Hallie C Prescott, MD, MSc, Anurag N Malani, MD, David Ratz, MS, Elizabeth McLaughlin, MS, RN, Vineet Chopra, MD, MSc, Scott A Flanders, MD

Clinical Infectious Diseases, ciaa1239, https://doi.org/10.1093/cid/ciaa1239 Published: 21 August 2020 Article history •



Antimicrobial Use & COVID-19



56.6% (965/1705) of hospitalized patients with COVID-19 received empiric antibiotic therapy (in first 2 days of hospitalization)



Early Empiric Antibiotic Treatment in Hospitalized Patients with COVID-19, by Hospital (N=32 hospitals; 1,667 patients)





HEALTH UNIVERSITY OF UTAH



Community-onset bacterial co-infections were Rare



1.8% Blood 1.7% Respiratory

HEALTH UNIVERSITY OF UTAH



Predictors of Community-Onset Co-infections



Procalcitonin in COVID-19

Initial procalcitonin	Confirmed	No confirmed
value ng/mL; N=910	co-infection N=59	co-infection, N=1646
0-0.1; N (%)	5 (14.7%)	283 (32.3%)
0.1-0.25; N (%)	9 (26.5%)	269 (30.7%)
0.25-0.5; N (%)	1 (2.9%)	138 (15.8%)
>0.5; N (%)	19 (55.9%)	186 (21.2%)

PPV >0.5 ng/mL=**9.3%** NPV <0.1ng/mL=**98.3%**

Vaughn V.M. et al, Clinical Infectious Diseases 2020, ciaa1239, https://doi.org/10.1093/cid/ciaa1239



Back to Our Original Case

- 72 year old man comes into the hospital with COVID19
 - He has a fever to 39°C
 - Heart rate 110
 - Respiratory rate 25, and 86% on room air
 - Shortness of breath and dry cough
 - Looks unwell
 - Chest X-ray is consistent with multifocal pneumonia



Would you prescribe antibiotics?

- If he doesn't need the ICU, additional diagnostic testing not needed. No antibiotics.
- If alternative reason to suspect he might have a bacterial infection (e.g., elevated WBC), consider obtaining diagnostic testing (while withholding antibiotics)

→procalcitonin reassuring if negative (useless if positive)



CLINICAL CASE 2

- 72-year-old man comes into the hospital with COVID-19
 - After 7 days of hospitalization, he begins to deteriorate
 - He is intubated and transferred to ICU
 - He has a fever to 39° C
 - Heart rate 110 and is requiring 80% FiO2 on ventilator
 - His Chest X-ray is consistent with multifocal pneumonia



Infection Control & Hospital Epidemiology (2021), 1–10 doi:10.1017/ice.2021.341



Original Article

Risk factors and outcomes associated with community-onset and hospital-acquired coinfection in patients hospitalized for coronavirus disease 2019 (COVID-19): A multihospital cohort study

Lindsay A. Petty MD¹ ⁽ⁱ⁾, Scott A. Flanders MD², Valerie M. Vaughn MD, MSc³, David Ratz MS², Megan O'Malley PhD², Anurag N. Malani MD⁴, Laraine Washer MD¹, Tae Kim MHSA⁵, Keith E. Kocher MD, MPH⁶, Scott Kaatz DO, MSc⁷, Tawny Czilok MHI, BSN, RN², Elizabeth McLaughlin MS, RN², Hallie C. Prescott MD, MSc⁸, Vineet Chopra MD² and Tejal Gandhi MD¹





ONLY 3.4% Had a **CONFIRMED** Hospital-Onset Co-Infection Days of hospitalization prior to infection: **8 days** (5-12)



Fever

Of those with a hospital-acquired coinfection, 51 (68.9%) of 74 had a fever within 3 days prior to culture.



Advanced Respiratory Support

Among patients who received invasive mechanical ventilation, the coinfection rate was 20.9% (72 of 345)



Petty LA et al, Infection Control & Hospital Epidemiology. 2021

CLINICAL CASE 2

- Empirically start antibiotics upon decompensation
- De-escalate if
 - Procalcitonin negative
 - Off vancomycin if MRSA nares negative
 - Off antibiotics if respiratory and blood cultures negative



SUMMARY

- 1. Most patients with COVID do NOT have bacterial pneumonia when initially hospitalized
- 2. Most patients with COVID who are not critically ill do NOT need empiric antibiotics
- 3. Consider empiric antibiotics and then **de-escalating** when patients require ICU or worsen after hospitalization



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Duties, Resources, and Burnout of Antibiotic Stewards During the COVID-19 Pandemic



Survey results of antibiotic stewardship leaders at 51 Michigan hospitals

Antibiotic stewards reported:

- More duties: median 5 (3-8) new duties related to COVID
- Similar/less stewardship FTE (74% similar/18% decreased)
- More work hours

COVID-19 Decreased Team's Ability to Perform Traditional Antibiotic Stewardship Activities



26% Strongly decreased (n=13)



- Monitoring antibiotic use (82%)
- Intervening on antibiotic use (49%)





Take-Home: Antibiotic stewardship leaders are struggling and in need of additional support



A nonprofit corporation and independent licensee Of the Blue Cross and Blue Shield Association Vaughn VM, et al. ASHE. 2021. (in press)

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Mental health outcomes after hospitalization with or without COVID-19



Results from post-hospitalization phone calls of COVID-positive & COVID-negative patients



COVID-positive patients have higher levels of anxiety,

PTSD, & loneliness after discharge resulting from:

Isolation-related psychological distress during hospitalization

Post-hospitalization isolation



*controlling for age, co-morbidities, sex, length of stay, and pre-existing psychiatric diagnosis

After discharge, patients hospitalized with COVID-19 should be screened for anxiety, loneliness, and PTSD

Spencer-Segal J, et al. General Hospital Psychiatry. 2021.

SUMMARY

- 1. Most patients with COVID do NOT have bacterial pneumonia when initially hospitalized
 - a) Most patients with COVID who are not critically ill do NOT need empiric antibiotics
 - b) Consider empiric antibiotics and then **de-escalating** when patients require ICU or worsen after hospitalization
- 2. Like all frontline providers, antibiotic stewardship teams have been incredibly strained during COVID-19
 - a) Fewer resources, more duties, less ability to do ASP, more burnout
- 3. Isolation during and after hospitalization may be contributing to higher anxiety and PTSD in patients with COVID-19
 - a) Allow visitation where able
 - b) On discharge, don't over-isolate patients from their families



Antimicrobial Stewardship and COVID-19 MidMichigan Health Robert Neetz, PharmD, BCPS



About MidMichigan Health System

- Six inpatient hospitals across east/northeast Michigan 722 total beds
 - Alpena 139 beds
 - Clare 49 beds
 - Gladwin 25 beds
 - Gratiot 97 beds
 - Midland 324 beds
 - West Branch 86 beds



MidMichigan Health

Medical Centers

MidMichigan Medical Center - Alpena MidMichigan Medical Center - Clare MidMichigan Medical Center - Gladwin MidMichigan Medical Center - Gratiot MidMichigan Medical Center - Midland MidMichigan Medical Center - West Branch

 Medical Offices and Support Services Alma, Alpena, Atlanta, Auburn, Beaverton, Breckenridge, Clare, Edmore, Farwell, Freeland, Gladwin, Harrison, Houghton Lake, Ithaca, Lincoln, Midland, Mt. Pleasant, Oscoda, Pigeon, Pruderwille, Rogers City, Roscommon, Sanford, Shepherd & West Branch

Outpatient Centers MidMichigan Health Park - Bay MidMichigan Health Park - Freeland MidMichigan Health Park - Gladwin MidMichigan Health Park - Harrison MidMichigan Health Park - Houghton Lake MidMichigan Health Park - West Branch

 Urgent Care Centers MidMichigan Urgent Care - Alma MidMichigan Urgent Care - Clare MidMichigan Urgent Care - Freeland MidMichigan Urgent Care - Gladwin MidMichigan Urgent Care - Houghton Lake MidMichigan Urgent Care - West Branch

 Continuing Care RehabCentre MidMichigan Home Care Woodland Hospice House

 Other Services and Joint Ventures Advanced PET Imaging Network* ConnectCare* MidMichigan Health Network* Great Lakes Bay Surgery & Endoscopy Center* MidMichigan Collaborative Care Organization MidMichigan Health Foundation MidMichigan Physicians Group Mt. Pleasant Surgery Center* Open MRI - Mt. Pleasant* *Joint Vientures





Starting off

- First real wave October 2020
- Recognized issue with antibiotics and COVID-19
- Gathered studies to support withholding empiric antibiotics for COVID-19 patients
- Identified opportunity to improve our patient care and stewardship efforts



Challenges faced

- Seven different locations
- Unknown territory first true wave
- COVID patients managed by non-ID specialists



Action taken

- Set up meeting with pulmonary/intensivist team
 - Pulm was being consulted on all COVID patients
 - Leaders in the hospital system
- Also included ASP ID physician, lead hospitalist, infection prevention manager, and quality and safety manager
- Presented the evidence available and discussed



Action taken

- "Handshake stewardship"
 - Agreed that most non-ICU COVID-19 patients did not need antibiotics
 - Focus on de-escalation/discontinue antibiotics
 - Pulmonary team would lead the way to promote stewardship
 - ASP team would send out current studies and recommendations



Action taken

- Pharmacist involvement
 - All our pharmacists play a role in stewardship
 - Focus on giving them the tools to succeed
- ASP team audit and feedback
 - Reinforcing email message
 - Was happening consistently...but then monoclonal antibodies and vaccines came!



Lessons learned

- It's hard to get everyone on the same page!
 - Identify the leaders in the system that others look to
 - Provide the tools to help get the job done
 - Audit and feedback
 - Patience, it takes time
- Data gathering can be tough, but don't let perfect be the enemy of good!



Thank you!

- Questions?
- Contact information:
 - Robert.Neetz@midmichigan.org
 - 989-839-3768





Interactive Discussion: Speakers & Attendees

- What are some challenges, barriers & best practice • **strategies** with antibiotic stewardship in general & with COVID Pandemic?
- How can HQICs **best support hospitals** going ulletforward?
- How can hospitals partner with patient & families ulletto support antibiotic stewardship?
- How do we best identify & close any disparity/gaps • in care related to antibiotic stewardship?
- Do you think you can **implement** any of the • strategies you heard today by next Tuesday?

Enter in Chat:

- Thoughts
- Experiences
- Questions



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Key Takeaways

- Most non-critically ill COVID patients do NOT need empiric antibiotics
 - Consider empiric antibiotics & then de-escalating for critically ill patients
- AS teams incredibly strained during COVID & need additonal support
- Isolation may contribute to higher anxiety & PTSD in COVID patients
 - Allow visitation as able during & after hospitalization
- Getting everyone on same page is hard work...but don't let perfect be the enemy of good!
 - Identify leaders, provide tools, audit & feedback...be patient...it takes time



Wrap-up & Highlights of Upcoming Events

Wrap-up

- Presentation slides & links to resources will be shared after today's event
 - Posted on IPRO HQIC website & Resource Library

Save the Date

November 23, 2021 2:00 – 2:30 PM ET

Joint HQIC Health Equity & Social Determinants of Health LAN

• Registration link and flyer will be forthcoming





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Thank You for Attending Today's Event

We value your input! Please complete the brief survey after exiting event.



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